



## Brief Useful Comments on Laparoscopic Surgery in Acute Abdomen

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### Authors' contributions

This work was carried out in collaboration between all authors. Author ETP designed research and wrote the paper. Author MV performed research and analyzed data. Authors CM, AK, GG and NA searched literature and reviewed the paper. Author TEP reviewed and approved the paper.

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## ABSTRACT

The use of laparoscopic surgery tends to become more and more popular, nowadays. It has also been extended in the management of acute abdominal disease as a diagnostic and as a therapeutic tool. However, its therapeutic use requires special experience and appropriate instrumentation, in addition to a reliable definite diagnosis. Based on randomized, controlled trials, it can be postulated that laparoscopic surgery in acute abdomen is feasible, safe and effective in acute cholecystitis, acute appendicitis and gastroduodenal ulcer perforation. There are still conflicting aspects in perforated diverticular disease and small bowel obstruction. In case of purulent peritonitis attention must be paid in order to avoid residual abscess formation and sepsis by thorough irrigation of the peritoneal cavity and on time antibiotic therapy. The proper indication for each case under the certain emergency circumstances is crucial.

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## 1. INTRODUCTION

Laparoscopic surgery, with the advantages of minimally invasive surgery, has a well defined role, nowadays, in the therapeutic management of diseases, which cause acute abdomen [1-7]. Abdominal sepsis was initially a contraindication for laparoscopy, because of the assumed risk of bacterial overgrowth and subsequent endotoxemia, hypercapnia or missing purulent intraabdominal collection [1]. However, experimental studies did not show any evidence of increased bacteraemia from pneumoperitoneum, but instead of it, even a beneficial effect of carbon dioxide [8]. So, laparoscopy is considered a therapeutic tool in selected cases as well as a diagnostic tool. Generally, it should be stressed that as recommended in case of sepsis the intraabdominal pressure must be kept under 12 mm Hg and the antibiotic administration must be started before pneumoperitoneum creation [1]. Nevertheless, some brief useful comments are needed specifically to clarify better the following conditions. These comments are in accordance with the European Association of Endoscopic Surgery (EAES) guidelines and a newer consensus statement of experts [4,7].

## 2. ACUTE CHOLECYSTITIS

Doubtless, laparoscopic surgery has absolute apply in cholecystectomy, not only in selected cases, but also in emergency cases of acute cholecystitis [1,9-12].

Laparoscopic cholecystectomy has absolute indication in patients, with acute cholecystitis, appropriate for surgery, without serious pathological conditions. However, laparoscopic cholecystectomy applies only in 30% at the USA and in 20% at the United Kingdom. In cases of severe inflammation or in patients with impaired pathological conditions, percutaneous transhepatic cholecystostomy under imaging guidance is an alternative reasonable option.

The timing of the procedure and the precise assessment of the onset of symptoms are crucial. Emergency laparoscopic cholecystectomy (within 48-72 hours) is urgently needed. In time laparoscopic cholecystectomy (within 4-7 days) is indicated. After this time-line,

in sub-acute phase, delayed surgery is prohibitive until the lapse of 6-8 weeks.

Great attention and special experience is required at the dissection of cystic duct and cystic artery. The criteria to convert the laparoscopic cholecystectomy to open must be looser. Necessary prerequisite for a safe operation is the adequate exposure of the Calot's triangle. In different circumstances, open surgery is imposed so as to avoid unwilling and disaster complications, mainly the devastating common bile duct injury. Subtotal cholecystectomy in such difficult cases is a reasonable alternative option to avoid bile duct injury or conversion to open surgery.

## 3. PERFORATION OF DUODENAL BULB ULCER

The initial enthusiasm for laparoscopic treatment of perforated duodenal bulb ulcer has subsided. It applies only in 5-10% of the cases and only in certain conditions with well-defined indications [1,13-19].

The major encountered problems are related to the leakage of the sutured area (7%), the intraabdominal abscesses formation and the need of re-operation (5.3%). Great experience in advanced laparoscopic operations is required.

A contraindication is patients with Boey score 3 (age>70 years, onset of symptoms >24 hours). During this time, purulent peritonitis is combined with growth of pseudo-membranes, whose presence makes laparoscopic surgery impossible, because of the difficulty in dissecting and complete removal of them.

Additionally, the size of perforation (>10mm), the inability to locate the ulcer and the difficulty in posing and tying the sutures, due to the friability of the tissues, indicates conversion to open surgery.

However, the indication for laparoscopic management should be individualized and depends on the experience and skills of the surgeon.

## 4. ACUTE APPENDICITIS

Acute appendicitis is the most common cause of acute abdomen. There are no doubts for the necessity of laparoscopy, mostly in women, in

order to distinguish appendicitis from acute pelvic inflammatory disease. Laparoscopic appendectomy has been performed with certain indications [1,20-22]. Lowering the wound complications is the main advantage of laparoscopic procedure, especially in obesity.

Therapeutic laparoscopic appendectomy depends on appropriate timing and local conditions. The entrenchment of inflammation makes surgical manipulations difficult to proceed.

Successful laparoscopic appendectomy by far outweighs from open, but enough experience, appropriate and available equipment are required.

Relevant contraindication is the perforated-gangrenous vermiform appendix, due to more frequent formation of intraabdominal abscesses.

During pregnancy, open surgery is preferable because of the high risk, with laparoscopic surgery, of miscarriage the fetus.

## 5. INTESTINAL OBSTRUCTION

There have been limited application of laparoscopic surgery in cases of intestinal obstruction [1,23-25]. There are not randomized, controlled trials comparing laparoscopic or laparoscopic assisted with open surgery.

In any case, the pneumoperitoneum must be created with direct vision (Hasson's method) and the use of Verres needle should be avoided, so as to prevent the small bowel injury due to its dilatation and existing adhesions.

The main indications for laparoscopic surgery include solitary loop-shaped adhesion, loose adhesions, strangulated inguinal hernia, whose reducing can be combined with transabdominal preperitoneal mesh placement (TAPP), and intussusception, which is rare in adults.

The most preferable cases for laparoscopic procedure are those with few previous abdominal scars, proximal obstruction, moderate abdominal distention and small bowel diameter less than 5 cm.

## 6. PERFORATED DIVERTICULAR DISEASE

Use of laparoscopic surgery in perforated diverticular disease is very limited and

controversial [1,26-28]. There are not randomized, controlled trials.

The application of peritoneal lavage combined with drainage catheters placement is recommended in purulent peritonitis (Hinchey stage 3), but not in fecal peritonitis (Hinchey stage 4), because of the rapid bacterial overgrowth and sepsis, which is life threatening. In this case the Hartmann's procedure is mandatory.

Consequently, two main queries are raised. What is the appropriate timing for the application of the method and if this applicable in case of pseudo-membranes presence. How can they be removed effectively, especially those diffuse located between intestinal loops, considering that any surgical manipulation is not allowed in the intestine, omentum or elsewhere.

Thus, it should be applied in selected patients.

## 7. CONCLUSION

Laparoscopic surgery in acute abdomen is feasible, safe and effective in acute cholecystitis, acute appendicitis and gastroduodenal ulcer perforation. There are still conflicting aspects in perforated diverticular disease and small bowel obstruction. Consequently, randomized controlled trials are needed to evaluate the place of laparoscopic procedures in these cases. The appropriate patient selection and the most suitable management option are important in improving outcome.

## CONSENT

Not applicable.

## ETHICAL APPROVAL

Not applicable.

## COMPETING INTERESTS

Authors have declared that no competing interests exist.

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